

Rutina 1

Guitarworkout

♩ = 120

Ej. Escala Menor

Gt

mf

T
A
B

5-7-8 | 5-7-5 | 8-7 | 5-7-8 | 5-7-5 | 8-7-5 | 7-8 | 5-7-5 | 8-7

Ej 2 Escala Menor

T
A
B

7-9 | 6-7-9 | 7-6-9 | 7-9 | 6-7-9-7-6 | 9-7-9 | 6-7-9-7-6 | 9

Ej. 3 Escala en figura

T
A
B

7-8-10 | 7-9-7 | 10-8-10 | 7-9-10-9-7 | 10-8 | 5-7 | 5-6-8-6-5 | 7-5-7 | 5-6-8 | 5-7-8

Ej. 4 Escala y saltos de cuerda

T
A
B

5-7 | 5-6-8 | 5-7-8 | 8-7-5 | 8-6-5 | 7 | 5-7 | 5-6-8 | 5-7-8 | 8-7-5 | 8-6-5 | 7

Ej. 5 Rising Forms

T
A
B

10-13-12-13-10-13-12-13-8 | 12-10-12-8 | 12-10-12 | 7-10-8-10-7-10-8-10-5-8-7-8-5-8-7-8

Musical notation for the first system, featuring a treble clef staff with a melodic line and a guitar tablature staff below it. The tablature contains the sequence: 10-13-12-13-7-10-8-10-8-12-10-12-5-8-7-8 | 7-10-8-10-4-7-5-7-5-8-7-8-5-8-7-8

Musical notation for the second system, featuring a treble clef staff with a melodic line and a guitar tablature staff below it. The tablature contains the sequence: 4-7-5-7-7-10-8-10-5-8-7-8-5-8-7-8 | 7-10-8-10-10-13-12-13-8-12-10-12-8-12-10-12

Musical notation for the third system, featuring a treble clef staff with a melodic line and a guitar tablature staff below it. The tablature contains the sequence: 10-13-12-13 | 9-12-10-12 | 7-10-9-10 | 6-9-7-9 | 5-8-7-8 | 4-7-5-7 | 5-8-7-8 | 6-9-7-9

Musical notation for the fourth system, featuring a treble clef staff with a melodic line and a guitar tablature staff below it. The tablature contains the sequence: 7-10-9-10 | 9-12-10-12 | 10-13-12-13 | 10-13-12-13